

MASSAGE

As responsible horse owners we all like to think we are doing what's best for our horses.

That's why it's better to try and treat any niggling issues before they become major problems. There are many different therapies available...but where do you start?

Here at Flawborough, we act as the 'facilitator' using our knowledge and expertise to guide you. And, we work with talented professionals to deliver your needs.

Many horse owners will use an Equine Manual Therapist, Chiropractor or Manipulator for an annual 'back check' or to turn to in the 'hour of need' but would not consider using massage.

Why bother with massage?

A qualified Equine Sports Massage Therapist (ESMT) is far more than just a masseur. Having all the skills to assess both the muscular and skeletal structures of your horse, an ESMT can offer you the best advice.



Before any massage treatment is administered to your horse, veterinary advice should be sought. However, an ESMT can legally carry out assessment checks without contravening the Veterinary Act.

Equine Sports Massage Therapists work on soft tissue: the muscles, tendons and ligaments. When you

have your horse 'adjusted or manipulated' by a Manual Therapist or Chiropractor, they are affecting the horses skeletal system and in turn, this affects the soft tissue of your horse.

Following manipulation, if the soft tissue is not addressed or, in simple terms, massaged, you could end up with reoccurring problems requiring further adjustment or manipulation.

As it is the muscles and nerves of the horse that produce movement of the skeleton, it makes sense to treat the muscular structure as well as the skeletal one.

Here at Flawborough, we have seen remarkable results using both treatments simultaneously with overall movement, comfort and ultimately the performance of the horse being greatly improved.

So next time you have your 'back person' to treat your horse, ask yourself...would he benefit from a massage? The horse's answer would be a resounding yes!

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